

Date. 17 – 9- 2024

Amira Mohamed Salama Abdel Fattah



### PERSONAL INFORMATION

Title: Associate professor of Obstetrics & Woman's Health Nursing

Academic Rank: Associate Professor

Date & Place of Birth: 9 / 8 / 1985

Nationality: Egyptian

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### ACADEMIC QUALIFICATIONS

Degree	Major	Duration (From-To)	University	Country
Bachelor in Nursing science		2003 TO 2006	Benha	Egypt
Master degree in Maternal and Newborn Health Nursing with title: Study the effect of using guideline on controlling pregnancy related warning signs.		2010 TO 2012	Benha	Egypt



F170, Rev. b  
Ref.: Deans' Council Session (10/2016-2017), Decision No.: 128,  
Date: 05/11/2016

Doctorate degree in  
Maternal and  
Newborn  
Health Nursing with t  
Acupressure versus  
vitamin B6 for allevia  
morning sickness of f  
trimester pregnant  
women

2013 TO 2016

Benha

Egypt

#### TEACHING EXPERIENCE

Duration	Rank	Institution	Department/Faculty	Country
4 years	instructor	Benha university	Faculty of Nursing	Egypt
4 years	Assist. lecturer	Benha university	Faculty of Nursing	Egypt
5 years	lecturer	Benha university	Faculty of Nursing	Egypt
4 years	Associate Professor	Benha university	Faculty of Nursing	Egypt

## OTHER EXPERIENCE

Duration	Rank	Institution	Department/Faculty	Country
2 years	Deputy Director of Quality Unit	Benha university	Faculty of Nursing	Egypt
2 years	Member of the Scientific Research Ethics Committee	Benha university	Faculty of Nursing	Egypt
2 years	Member of the research project entitled (Improving nursing care provided to mothers and newborns in maternity and childhood care centers in Qalyubia (Governorate	Benha university	Faculty of Nursing	Egypt
2 years	Director of Sustainable Development and Climate Change Unit	Benha university	Faculty of Nursing	Egypt
2 years	Member of the project entitled (Development of Practical and Oral Test Evaluation (Systems	Benha university	Faculty of Nursing	Egypt

## PUBLICATIONS

### JOURNALS

Author/s (In Order)	Title	Journal	Vol./No.	Publication Date
	<b>Effect of Health Belief Model Based Education on Preventive Behaviors of Hepatitis B among pregnant Women.</b>	Assiut Scientific Nursing Journal,	Vol , (4) No , (9)	December 2016. Hemmat mostafa hassen, Amira Mohamed salama.
	<b>Maternity Nurses' Performance Regarding Non-invasive Fetal Wellbeing Measures: Educational Intervention-</b>	IOSR Journal of Nursing and Health Science (Jan.- Feb .2018)	7(1): 8-19.	Soad abdel-salam Ramadan, Aziza Ebrahim ghonam, Amira Mohamed salama.
	<b>Utilizing Health Belief Model to Enhance the Preventive Behavior against Iron-Deficiency Anemia among Pregnant Women -</b>	IOSR Journal of Nursing and Health Science (Jul.-Aug. 2018)	7(4): 59-69.	Amira Mohamed salama , Fatma kamal ali.
	<b>Maternity Nurses' Performance Regarding Management of the Intrapartum Woman With Cardiac Disease-</b>	International Journal of Studies in Nursing;	October 2018,3( 3): 60-76.	Eman mohamed abdelhakam, Amira Mohamed salama.
	<b>Effect of Urinary Incontinence on Quality of Life and Self Esteem of Postmenopausal Women-</b>	American Journal of Nursing Science	October 2018; 7(5): 182-191.	Hemmat mostafa hassen, Amira Mohamed salama. Mona mohamed abdelaziz
	<b>Education Intervention Guideline on Knowledge and Self-Care Practice for Women With Vulvovaginitis,</b>	International Journal of Studies in Nursing;	Vol. 4, No. 1; 2019	samah abdelhalem saeed, Hemmat mostafa hassen, Amira Mohamed salama.
	<b>Effect of Antenatal Instructional Package on Pregnant Women' Knowledge, Attitude and Practices,</b>	American Journal of Nursing Research,	2019, Vol. 7, No. 4, 519-533.	Fatma kamal ali., Amira Mohamed salama
	<b>Effect of Self Instructional Module on awareness of Polycystic Ovarian Syndrome among Adolescent Students,</b>	American Journal of Nursing Research,	2019, Vol. 7, No. 6, 1009-1019.	Hemmat mostafa hassen, Amira Mohamed salama
	<b>Effectiveness of Antenatal Educational Guidelines on Maternity Nurse's Performance.</b>	Indian Journal of Forensic Medicine & Toxicology.	October-December 2021, Vol. 15, No. 4	Samah abdelhalem saeed, Amira Mohamed salama Hemmat mostafa hassen.
	<b>Effect of Educational Guideline on Nurses Performance Regarding Postnatal Care of Mothers and Neonates.</b>	SAGE Open Nursing.	Volume 8: 1–9.	January 2022 samah abdelhalem saeed, Hemmat mostafa hassen, Amira Mohamed salama
	<b>Effect Of an Educational Intervention Based on Health Beliefs Model Adoption on</b>			



**Pregnant Women's Knowledge and Preventive Health Behaviours in Relation to COVID-19.** Egyptian Journal of Nursing & Health Sciences Vol.2, No.2. September 2021. ISSN 2682-2563. **Sabah Lofty Mohamed El Sayed1, Amira Mohammed Salama2**

**Effect of Educational Intervention Based on the Health Belief Model on Preventive Behavior of Maternity Nurses towards COVID-19 and Its Vaccination.** Tanta Scientific Nursing Journal. Vol. 24 No. 1, February 2022. ( Print ISSN 2314 – 5595 ) ( Online ISSN 2735 – 5519 ) **Sabah Lofty Mohamed El Sayed1, Amira Mohammed Salama2, Amany S. Badawy3**

**Effect of educational nursing strategies based on health promotion model on health patterns of women with endometriosis.** Egyptian Journal of Nursing & Health Sciences. Vol.3, No.1 March 2022. ISSN 2682-2563. **Sabah Lofty Mohamed El Sayed1, Amira Mohammed Salama2**

**Effect of childbirth preparation classes on women's knowledge, self- efficacy and satisfaction to cope with labour pain.** International Journal of Management (IJM). 13(4), 2022, pp. 47-65. April 2022. **Amira Refaat Said1, Hemmat Mostafa Hassan2, Amira Mohammed Salama3**

**Effect of Health Promoting Lifestyle Educational Intervention on Knowledge and Quality of Life of Menopausal Women.** Tanta Scientific Nursing Journal. Vol. 27. No. 4 , November 2022. **Sahar Abdelrady Elkheshen, 2 Amira Mohamed Salama, 2 Hemmat Mostafa Elbanna**

**Effect of Levin's Conservation Model Application on Fatigue and Sleep Quality among Postpartum Women.** Egyptian Journal of Nursing & Health Sciences, March 2023 Vol.4, No.1 19. **Sahar Abdelrady Elkheshen1, Hemmat Mostafa Elbanna2, Amira Mohamed Salama2.**

**Effect of Applying Bandura's Theory of Self-efficacy on Anxiety, Disease Uncertainty and Quality of Life among Women Undergoing Hysterectomy.** Egyptian Journal of Health Care, September 2023 EJHC Vol. 14, No. 3. **Fatama Kamal Ali1, Amira Mohammed Salama 1 Zeinab Rabea Abd Elmordy2**

**Effect of Continuous Care Model on Self-esteem and Reported practices of postmenopausal Women with Urinary Incontinence.** International Egyptian Journal of Nursing Sciences and Research (IEJNSR) Vol. 4 (2), 2024 **Hanan Fawzy Elsayed 1, Fatma kamal Ali 2, Amira Mohamed Salama 3**

**Effect of nursing model based on Snyder's hope theory on fatigue and quality of life among women with cervical cancer.** Zagazig Nursing Journal. January; 2024 Vol. 20, No. 1. **Amira Mohamed Salama (1), Fatma Kamal Ali (1), & Hanan Fawzy Elsayed (2)**

**Effect of Adaptation Model Application on Adolescent Students' Self-Concept and Promoted Health Behavior during Puberty.** International Egyptian Journal of Nursing Sciences and Research IEJNSR. Vol. 5 (1), 2024May. **Amira Mohamed Salama \*, Gehad Gamal El-Said\*\*, Mai Mahmoud Hassan \*\***

**Effect of Lifestyle Modification Strategy based on 5A's Model on Body Image and Quality of Life among Women with Polycystic Ovary.** Egyptian Journal of Health Care, March 2024 EJHC Vol 15. No.1. **Ola Abdel-Wahab Afifi Araby1, Fatma Mansour Abdel Azeem Baraka2, Amira Mohamed Salama**

**Effect of Flipped Classroom Strategy Versus Conventional Teaching Methods on Academic Achievement, Self-confidence and Perception of Nursing Students** journal of nursing science benha university Jan 2024 Vol 5. No.1. **Ola Abdel-Wahab Afifi Araby1, Fatma Mansour Abdel Azeem Baraka2, Amira Mohamed Salama**

**Effect of Progressive Muscle Relaxation Techniques on Physiological Parameters, Psychological Factors and Sleep Quality among Pregnant Women with Preeclampsia.** Egyptian Journal of Health Care, June 2024 EJHC Vol 15. No.2 **Ola Abdel-Wahab Afifi Araby Ali 1, Fatma Kamal Ali 2, Amira Mohamed Salama 3, Fatma Mansour Abdel Azeem Barakat 4**

## CONFERENCES

Author/s (In Order)	Title	Conference	Country	Date
■	Attendance at the second International Scientific Conference of the Department of Obstetrics and Gynecology Faculty of Nursing - Port Said University entitled "New Horizons towards Maternity and Obstetrics Nursing" (April 1, 2021).			
■	Attending the sixth international conference, held virtually at the College of Nursing, University of Kufa, Republic of Iraq, in cooperation with the College of Nursing, Mansoura University, Arab Republic of Egypt, May 18, 2021.			
■	Attending the third annual conference of the Department of Nursing Administration, College of Nursing, Port Said University, under the slogan "Innovative Management: A Gateway to Excellence and Prosperity," May 26, 2021			
■	Attendance at the 2nd International Scientific Conference - Faculty of Nursing - Zagazig University entitled "Innovations in Obstetrics and Gynecology" (June 1, 2021).			
■	Attendance at the 8th International Scientific Conference - Faculty of Nursing - University of Menoufia entitled "Challenges, Opportunities and Ambitions of Nursing during the Era of Digital Transformation" (December 6-7, 2021).			
■	Actively participated as speaker in the 9 <sup>th</sup> international conference entitled "Together toward the best education and practices against climate and biological changes". Faculty of nursing, Mansoura university (18 May 2022).			
■	Actively attended and participated in the 8th Annual and 5th International Scientific Conference - Faculty of Nursing – Benha University entitled "Climate changes and			

challenges in nursing: Era of artificial intelligence” hold on (November 3, 2022).

- Participated in the First International Nursing Conference: Faculty of Nursing, October 6 University, in cooperation with Fontes University of Applied Sciences in the Netherlands, the University of Karelia in Finland, the Jordanian Nursing Council and the Egyptian Red Crescent with a poster entitled “Sustainable Development: Nursing Education and Quality of Health Care” December 13-14, 2022.
- Participated with a poster in the first international scientific conference of the Faculty of Nursing, Damietta University, entitled “Comprehensive Health Care: Sustainable Development for Egypt’s Vision 2030,” July 26-27, 2023.
- Participated in the ninth annual international scientific conference of the Faculty of Nursing, Suez Canal University, in cooperation with Edith Queen’s University, Australia, entitled Health Disparities: Moving from Stability to Uniformity. She participated in a poster entitled “Strategies for Coping with Pain and Sexual Function for Women in the Early Stages of Cervical Cancer”8 -November 9, 2023
- Actively participated as speaker in the annual 7h scientific conference of obstetrics and gynecological department (Advanced horizons in maternal health nursing to achieve sustainable development goals) (November 26, 2023).
- Actively attended and participated in the 9th Annual and 6th international scientific conference of the nursing faculty Benha university, Egypt entitled (Digital health leading health care) (December 6, 2023).
- Attending the Tenth Conference for Young Researchers, Faculty of Nursing, Tanta University, under the title “Youth Enthusiasm: The Driving Force of the Nursing Profession,” December 12, 2023
- Attending the scientific conference of the Department of Community Health Nursing entitled: “Towards achieving Egypt’s 2030 vision for people with disabilities through: a multidisciplinary perspective,” which was held on 12/18-19/2023

## BOOKS

Author/s (In Order)	Title	Publisher	Edition	Date
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F170, Rev. b  
Ref.: Deans' Council Session (10/2016-2017), Decision No.: 128.  
Date: 05/11/2016

## MEMBERSHIPS OF SCIENTIFIC AND PROFESSIONAL SOCIETIES

### UNIVERSITY COMMITTEES

- Membership in the "Committee of Laboratories" at Benha Faculty of Nursing (2016 till now).
- Membership of the Survey Committee of the Quality Unit, Faculty of Nursing, Benha University (2018 till now).
- Member of the Academic Support Committee, Faculty of Nursing, Benha University, 2018
- Member of the Committee for the extraction of scientific research published in the 6th Annual and 3rd International Scientific Conference Nursing Faculty , Benha university entitled " Nursing Voice : International Standards and Competences " (31th July , 2019).
- Leader of the Student Artistic Committee for the academic year 2019-2020
- Member of the project entitled (Developing systems for evaluating practical and oral tests) at the Faculty of Nursing, Benha University
- Holds the Scientific Excellence Award in the field of scientific research and international publishing for the academic year 2022
- Chairman of the Climate Change committee at the Faculty of Nursing, University of Benha.
- Member of the Scientific Research Ethics Committee Faculty of nursing, Benha university for the academic year 2022-2023 till now.
- Member of the Community Service and Environmental Development Committee for the academic year 2022/ 2023 till now.
- Director of the Sustainable Development and Climate Change Unit at the Faculty of Nursing, Benha University, for the academic year 2023-2024 until now.
- Member of the Council of the Quality Assurance Unit at the Faculty of Nursing, Benha University, for the academic year 2022-2023 and until now.
- Member of the clearing work committee for intensive program students for the academic year





2023/2024

## WORKSHOPS ATTENDED

- Attendance the online webinar entitled “course report preparation” Faculty of Nursing, Sohag University on 19-4-2021.
- Participation in the activities of a workshop entitled "New promotion rules for faculty members" at the Faculty of Nursing, Benha University, on Saturday 26-3-2022
- Attendance and actively participate in a workshop entitled Sustainable Development and Vision of Egypt 2030 at the Central Library of Benha University on 22-5-2022
- Participating as a lecturer in the awareness seminar on climate change for the staff of the Faculty of Nursing, Benha University, on 6-6-2022
- Participation in attending a symposium entitled "Climate change risks to the environment and human health" at the Faculty of Nursing, Benha University, on June 13, 2022
- Participation in the workshop entitled "Sustainable Communities" of the Smithsonian Center for Science Education in Egypt, on 5 and 6-7-2022
- Participation in the activities of a workshop entitled "Financial and Legal Aspects" at the Faculty of Nursing, Benha University, on Monday 25-7-2022
- Participation as a lecturer in a symposium on climate change and its impact on human health for the second year at the Faculty of Nursing, Benha University, on 10-9-2022.
- Participating in the activities of a workshop entitled "Promotion Rules for the Fourteenth Session" at the Faculty of Nursing, Benha University, on Saturday 11-2-2023.
- Participating in the activities of a symposium for faculty members and their assistants entitled "Digital Transformation in Practical and Oral Examinations" at the Faculty of Nursing, Benha University, on Tuesday 7-3-2023.
- Participation as a lecturer in a workshop entitled “International Publication” for faculty members and the supporting staff at the Faculty of Nursing, Benha University, on 5-6-2023.
- Participating in a workshop entitled “the credit hours system at the Faculty of Nursing, Benha University, on Sunday 21-5-2023.
- Participation as a lecturer in a workshop entitled “An introductory workshop on the OSCE” for faculty members and the supporting staff of the Department of Obstetrics and Gynecology Nursing at the Faculty of Nursing, Benha University, on Wednesday 24-



5-2023.

- Participation in workshop entitled “electronic exams “at the Faculty of Nursing, Benha University, on Monday, 29-5-2023.
- Participate by attending a nursing introductory symposium at Benha University on introducing the virtual laboratory, within the framework of cleaning up the project to develop legal oversight and operation granted by the Department of the Education Development Petitions Project, until Wednesday, 19/7/2023.
- Participate by attending an active workshop entitled “Policies and Guidelines in laboratory” within the framework of preparation and start of the 2023/2024 academic year at the Faculty of Nursing, Benha University, on Wednesday, 20/9/2023.
- Participate by attending an online workshop entitled “Using the Thinqe Platform,” which was held via the MS platform. TEAMS at the Faculty of Nursing, Benha University, on Saturday, 23/9/2023
- Participate by attending a workshop entitled “How to register in the Egyptian Knowledge Bank and learn about available resources” at the Faculty of Nursing, Benha University, on Wednesday, 27-12-2023.
- Participation as a lecturer in a symposium entitled Climate Change and its Impact on Human Health for internship students in the intensive program for the academic year 2023/2024 in accordance with the orientation program for internship students in the intensive program at the Faculty of Nursing, Benha University, on 15/2/2024.
- Participation as coordinator of a symposium entitled Climate Change and Global Warming and its Impact on Human Health at the Faculty of Nursing, Benha University, on Tuesday 5/3/2024.
- Participation as a lecturer in an introductory symposium entitled “Sustainable Development Goals” for faculty members and supporting staff at the Faculty of Nursing, Benha University, on Sunday, 12/5/2024.
- Participate by attending a workshop entitled “Managing websites for faculty members and their assistants” at the Faculty of Nursing, Benha University, on Saturday, 11/5/2024.
- Passing the training course held at the Measurement and Evaluation Center in the Higher Education Development Projects Management Unit entitled “Preparing the test item for the medical sector” within the plan for implementing the national system for electronic tests on April 24-25, 2021.
- Attending the training course held at the Measurement and Evaluation Center entitled "Electronic Correction" on Sunday 5/12/2021.
- Participation as a lecturer in the scientific day of the Department of Obstetrics and Gynecology Nursing entitled "Recent innovative trends in the field of education and scientific research for efficiently application of nursing skills in maternal and fetal care" by

giving a lecture on modern trends in teaching on 6/22/2022.

- Attendance in the fourth scientific day of the Department of Medical and Surgical Nursing, Faculty of Nursing, Benha University. 28-8-2022
- Participation in the training course entitled (How to use the Thinqi educational platform and identify the available resources) at the Faculty of Nursing, Benha University, during the period from 6-9-2022 to 14-9-2022
- Passing the training course held at the Measurement and Evaluation Center entitled “Specifications Table” on Thursday, 10/27/2022.
- Passing the training course held at the Measurement and Evaluation Center entitled “Modern Methods of Measurement and Evaluation” on Sunday, April 30, 2023.
- Participating in the scientific day of the Department of Community Health Nursing at the Faculty of Nursing, Beni Suef University, with a presentation via the Microsoft Teams program, on Wednesday, 12/13/2023, entitled “Artificial Intelligence and its Applications in Community Health Nursing Services.”
- Passing the training course held at the Measurement and Evaluation Center entitled “Statistical Analysis of Test Results” on Sunday, March 10, 2024.
- Passing the training course held at the Measurement and Evaluation Center entitled “Standards for Formulating the Test Vocabulary” on Tuesday, April 16, 2024.
- Passing the training course held at the Measurement and Evaluation Center entitled “Modern Measurement and Evaluation Mechanisms and Strategies” on Sunday, April 28, 2024

## WORKSHOPS OFFERED

- Participation as coordinator of the training course entitled (Developing practical skills in the Department of Obstetrics and Gynecology Nursing) at the Faculty of Nursing at Benha University, in the period from September 24, 2022 until September 28, 2022.
- Participation as a rapporteur in the training course entitled (Developing practical skills in the field of obstetrics and gynecology nursing) at the Faculty of Nursing, Benha University, during the period from 9-11-2023 to 9-17-2023.



## RESEARCH INTERESTS

Research in the field of obstetrics and gynecology nursing

Research related to care of women during pregnancy labor and postpartum

## LANGUAGES

- **Arabic : Mother Tongue**
- **English : Good command**  
  
(written & spoken)

## OTHER COMMUNITY ACTIVITIES

- Participated with distinction in an awareness campaign on “breast self-examination and early detection of breast cancer” within the activities of the first community service week of the Faculty of Nursing, Menoufia University, from November 7 to 11, 2021, entitled “A healthy environment for a better society in light of modern developments. A safe environment equals life.”
- Participation in training in the activities of the Children's University for the workshop entitled "Robot Design and Strengthening the Child's Capabilities in Scientific Research Methodologies" by giving an educational symposium entitled "Strengthening the Child's Capabilities in Scientific Research Methodologies in Climate Change" at the College of Artificial Intelligence on Sunday and Monday 3-4/7/ 2022 .
- Attending the thirteenth annual employment forum for graduates entitled "Developing the competencies of nursing graduates from Benha University towards better practice" for the academic year 2021/2022
- Giving a symposium on climate change for internship students for the academic year 2022/2023 according to the orientation program for internship students at the Faculty of Nursing, Benha University, on 29/9/2022.
- Giving a symposium on climate change and its impact on women's health within the activation of the community participation plan for the Obstetrics and Gynecology Nursing Department on December 27, 2022.
- Participation in the activities of the breast cancer awareness meeting “Your

Awareness is Honesty” coinciding with the International Breast Awareness Month at the Faculty of Nursing, Benha University, on Sunday, 10/22/2023.

- Participation as **lecturer** in the activities of the breast cancer awareness meeting “Your Awareness is Honesty” coinciding with the International Breast Awareness Month at the Faculty of Nursing, Benha University, on Sunday, 10/22/2023.

## AWARDS RECEIVED

Scientific Excellence Award in the field of scientific research and international publication for the academic year 2022

## GRADUATE STUDENTS SUPERVISION

Student Name

Thesis Title

### Master theses :

1. Instructional guideline to promote quality of sleep for postpartum women
2. Awareness and quality of life of women with pelvic organ prolapse symptoms
3. Nurses performance regarding infection control measures during insertion and removal of intrauterine device.
4. Application of health belief model on adolescent's awareness regarding high risk factor of osteoporosis.
5. Effect of instructional guideline on quality of sleep among menopausal women with hot flushes
6. Effect of instructional guideline on menopausal women's knowledge and attitude regarding vaginal atrophy.
7. Effect of vaginal douching on symptoms of lower genital tract infection among married women.
8. Effect of application of health promotion model on lifestyle of women with endometriosis.
9. Effect of educational program on adolescent girl's awareness regarding relationship between unbalanced diet and osteoporosis at menopause.



10. Knowledge and attitude of late adolescent girls regarding polycystic ovarian syndrome.
11. Perception and satisfaction of women regarding quality of routine post-natal care.
12. Maternity nurses' perception regarding covid19 among post-menopausal women.
13. Effect of back massage on sleep pattern among menopausal women.
14. Effect of Benson's relaxation technique on postoperative pain and sleeping quality in women undergoing hysterectomy
15. Effect of Educational Program regarding Climate Changes on Knowledge, Attitudes and Practices of Pregnant Women

**Doctorate theses:**

1. Effect of instructional package on pregnant women knowledge and attitude regarding healthy nutrition.
2. Effect of educational program on preventing postpartum depression among mothers.
3. Effect of enhanced recovery after surgery protocol on hospital stay and satisfaction of women undergoing abdominal hysterectomy.
4. Effect of simulation training on intern nurses competence and self-confidence regarding primary postpartum hemorrhage.
5. Effect of an instructional guideline regarding physical measures means primary dysmenorrhea among nursing students.
6. Effect of an educational program based on PRECEDE model on sexual function and health behaviors among women with gestational diabetes

**REFERENCES**

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