

Date 10/1/2024

Saher Lotfy Mohamed Elgayar

Personal  
Photo

### PERSONAL INFORMATION

Title: Dr.

Academic Rank: Assistant Professor

Date & Place of Birth: 3/8/1991

Nationality: Egyptian

Address: Amman , Jordan

Phone No. :

e-mail: selgayar@meu.edu.jo

### ACADEMIC QUALIFICATIONS

Degree	Major	Duration (From-To)	University	Country
BSc	Physical therapy	2008-2012	Cairo	Egypt
MSc	Physical therapy	2016-2019	Cairo	Egypt
PHD	Physical therapy	2019-2023	Cairo	Egypt



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Ref.: Deans' Council Session (10/2016-2017), Decision No.: 128,  
Date: 05/11/2016

### TEACHING EXPERIENCE

Duration	Rank	Institution	Department/Faculty	Country
2 years	Assistant lecturer	Delta University	Physical therapy	Egypt

### OTHER EXPERIENCE

Duration	Rank	Institution	Department/Faculty	Country
8 years	Physiotherapist	Elmahalla Hospital	Physical therapy	Egypt





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## PUBLICATIONS

Publication Date	Vol./No.	Journal	Title	Author/s (In Order)
2023	53	Complementary Therapies in Clinical Practice	<b>Effects of aerobic, resistance, and combined training on thyroid function and quality of life in hypothyroidism. A randomized controlled trial</b>	Ahmad Mahdi Zahra Hassan Heba Ali Hossam Ghazi Saher El Gayar
2023	13	Revista Pesquisa em Fisioterapia	<b>Effect of aerobic training on depression and thyroid function in treated hypothyroid women</b>	Saher Lotfy El Gayar

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## CONFERENCES

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Author/s (In Order)	Title	Conference	Country	Date
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## BOOKS

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Author/s (In Order)	Title	Publisher	Edition	Date
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## MEMBERSHIPS OF SCIENTIFIC AND PROFESSIONAL SOCIETIES

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## UNIVERSITY COMMITTEES

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## WORKSHOPS ATTENDED

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## WORKSHOPS OFFERED

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## RESEARCH INTERESTS

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Cardiopulmonary physical therapy, geriatrics and endocrine disorders

## LANGUAGES

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Fluent in English with an IELTS score of 7

## OTHER COMMUNITY ACTIVITIES

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## AWARDS RECEIVED

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## GRADUATE STUDENTS SUPERVISION

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Student Name

Thesis Title

## REFERENCES

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